

Internal Medicine

RESIDENCY PROGRAM AT
**Portsmouth Regional
Hospital**

Portsmouth
Regional
Hospital



Welcome to the Internal Medicine Residency Program at Portsmouth Regional Hospital

The Internal Medicine Residency Program at Portsmouth Regional Hospital is part of the HCA Healthcare Graduate Medical Education network. HCA Healthcare is the nation's leading provider of quality, patient-centered care. We are also the leader in graduate medical education, all brought together by a single mission:

Above all else, we are committed to the care and improvement of human life.

ACGME ID: 1403200226

Tracks & Positions

Tracks	NRMP #	Available Positions
Categorical	2248140C0	10

Salary

PGY1	PGY2	PGY3
\$58,968	\$60,736	\$63,232

Congratulations on reaching this point in your journey through medicine! The next few years will shape who you are as a physician and as an individual. Residency training marks the commencement of your career. You will have the opportunity to master the fundamentals of patient care, medical knowledge acquisition, scholarly activity, and exploring possible subspecialty interests.



Portsmouth Regional Hospital is a 220-bed hospital that offers a high level of acuity. Our hospital serves as a referral center for cardiology, cardiothoracic surgery, neurosurgery, trauma, and advanced critical care services. The variety of pathology encountered in our hospital guarantees our residents broad and varied inpatient clinical exposures. The outpatient practice is based out of a mature internal medicine practice, which allows residents to experience a wide variety of outpatient clinical situations across a spectrum of cultures, communities, and socio-economic status. The ambulatory experience will also expose residents to medicine and surgical specialists to provide a well-rounded outpatient clinical exposure.

Portsmouth Regional Hospital is an affiliate member of the Tufts University School of Medicine, which has a focus on primary care medicine. Our residents come from osteopathic and allopathic medical schools, all around the United States, and the world. We are committed to creating a nurturing environment that facilitates camaraderie and promotes personal and professional growth. We strive to provide our residents with the clinical experience and supportive mentoring that will lead to a successful career as an internal medicine specialist. Our program is designed to prepare to be leaders, educators, and exceptional clinicians who are committed to excellent patient care and lifelong learning. We invite you to explore our website and learn more about what our program has to offer.

Sincerely,

David Stein, DO
Program Director



Our Faculty



David Stein, DO

Program Director

- Dr. Stein graduated from the University of New England College of Osteopathic Medicine and completed his internship and residency at St. Luke's University Health Network in Allentown, Pennsylvania. In addition, he holds a Masters of Public Health degree from University of New England. Dr. Stein brings almost 35 years of experience to Portsmouth Internal Medicine.



Clare Whipple, MD

Associate Program Director

- Dr. Whipple is a primary care internist. She graduated from Williams College, Georgetown University School of Medicine and completed her residency training at the Icahn School of Medicine at Mount Sinai Hospital in New York. She joined Portsmouth Regional Hospital in 2020 and is passionate about teaching and mentoring residents.



Peter Dourdofis, DO

Core Faculty

- Dr. Dourdofis graduated from the Philadelphia College of Osteopathic Medicine, Philadelphia College of Osteopathic Medicine in 1991. He works in York, ME and 4 other locations and specializes in Cardiovascular Disease and Internal Medicine. Dr. Dourdofis is affiliated with York Hospital, Exeter Hospital and Portsmouth Regional Hospital.



Omar Tayeh, MD

Core Faculty

- Dr. Tayeh graduated from University of Aleppo. He completed his residency training at Lincoln Medical Center in Bronx, NY. He is a hospitalist here at Portsmouth Regional Hospital and oversees our hospitalist medicine curriculum.

Current Residents



Nicholas Alana, MD
PGY-1



Christopher Eierle, DO
PGY-1



Ashley Gebo, DO
PGY-1



Areen Haddadin, DO
PGY-1



Justin Ham, DO
PGY-1



Mohammad Hanafy, DO
PGY-1



Jessica Kim, DO
PGY-1



Connie Lu, MD
PGY-1



Drew Oyama, DO
PGY-1



Linda Xiong, MD
PGY-1



Lauren Abbott, MD
PGY-2



Gregory Daniel Carbonella,
DO
PGY-2



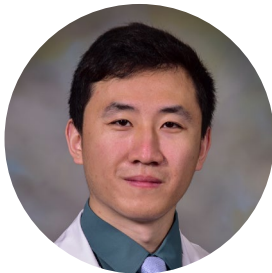
William Andrew Ciurylo,
DO
PGY-2



**Zachary Thomas
Einwechter, MD**
PGY-2



Grant Connell Hallock, DO
PGY-2



Yishu Han, MD
PGY-2



Waleed H. Ismail, DO
PGY-2



Mitra Jafari, MD
PGY-2



Thomas Jacob Rooney, DO
PGY-2



Raji Shaher, MD
PGY-2

About the Program

The Portsmouth Regional Hospital / Tufts University School of Medicine Internal Medicine Program is dedicated to training skilled Internal Medicine Physicians committed to excellence for the benefit of the community we serve. Our culture of learning nurtures continuous educational growth of residents, evidence based patient care, and service to our community

Program Overview

The Internal Medicine Residency is a 3-year program with 10 residents per year, for a total complement of 30. The program received its accreditation from the Accreditation Council for Graduate Medical Education (ACGME) in January, 2020.

Conference Schedule

Noon Conference: Tuesday, Wednesday and Thursday 12-1PM

Morbidity and Mortality: Held monthly

Journal Club: Held Quarterly

Board Review: Fridays 12-1

Scholarly Activity

All residents are required to participate in scholarly activity. Residents are part of hospital committees and must participate in at least one QI project. Residents can also collaborate with faculty on a variety of research opportunities.



Portsmouth Regional Hospital

- Portsmouth Regional Hospital is located in Portsmouth, NH on the Seacoast.
- 220 bed, acute care community hospital
- Serves Seacoast region of New Hampshire, and parts of Maine and Massachusetts
- Only Level II Trauma Center on the Seacoast and one of three in New Hampshire
- Part of HCA Healthcare
- Affiliated with Tufts University School of Medicine



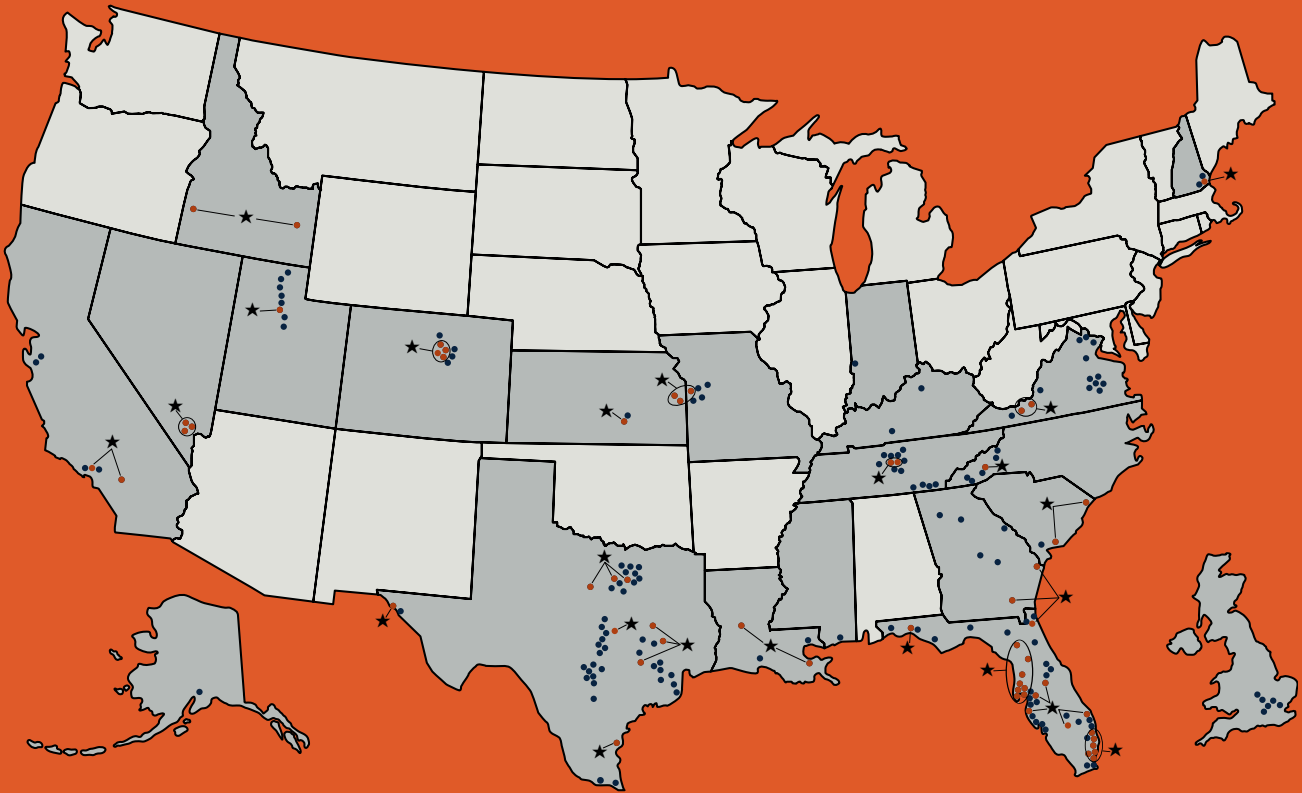
About HCA Healthcare GME

HCA Healthcare is a comprehensive healthcare network with over 275,000 colleagues across more than 2,000 care facilities all committed to creating a positive impact every day. We continually invest in our colleagues and facilities to better serve our patients and local communities. The Graduate Medical Education (GME) programs seek to inspire tomorrow's physicians to care for and improve human life by focusing on patient-centered approaches to practicing the latest evidence-based medicine.

To learn more about the benefits and expectations of training with an HCA Healthcare program, view our [Resident and Fellow Manual](#).



Our residency and fellowship programs are in **59**
hospitals located in **16** states





Size

HCA Healthcare Graduate Medical Education is the largest sponsor of residency and fellowship programs across the nation.

4,637
residents

289
fellows

218
specialty programs (residencies)

79
sub-specialty programs
(fellowships)



Scholarly Activity

HCA Healthcare Graduate Medical Education provides a critical link between vigorous scholarly activity and real-world patient care from a sophisticated data repository of more than 32 million patient encounters each year.

2,500+ HCA Healthcare GME scholarly activities in 2020-21.



Clinical Training

Each year approximately five percent of all U.S. hospital services happen at an HCA Healthcare facility, including:

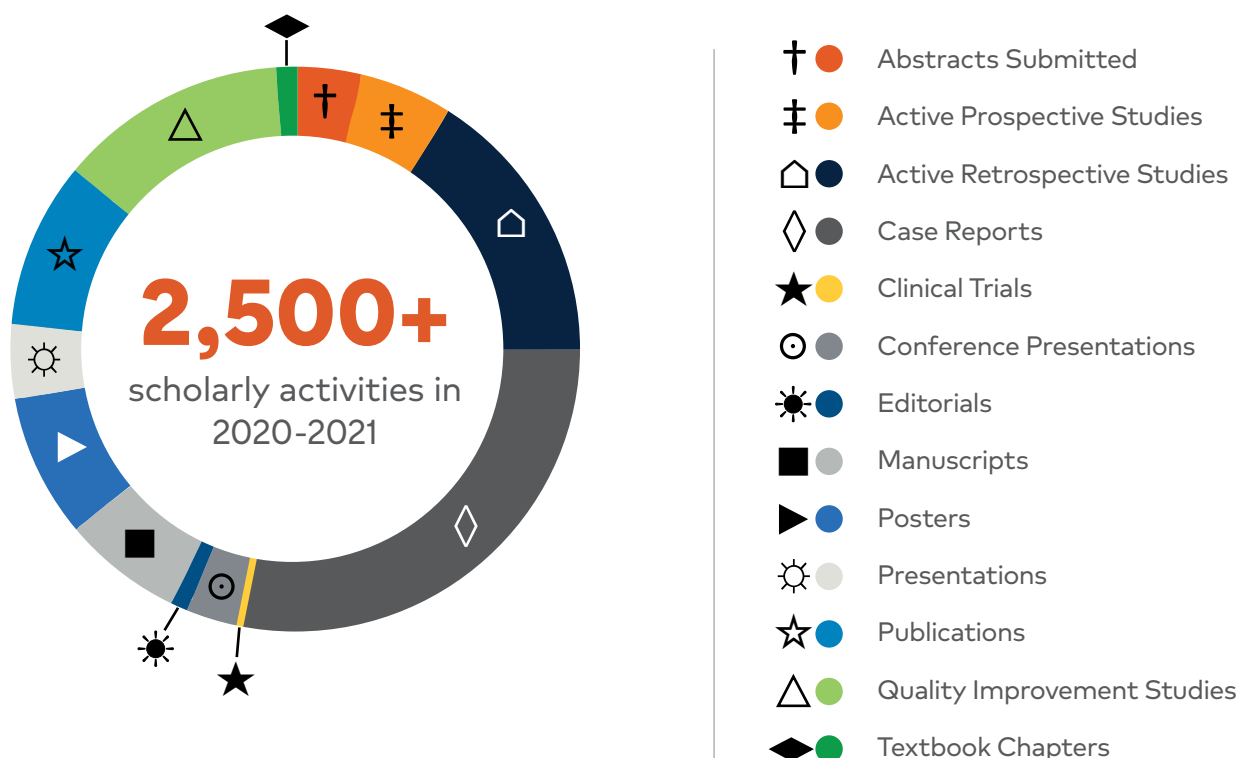
32+ million patient encounters
7.4 million emergency room visits
215,000+ babies delivered

HCA Healthcare Graduate Medical Education is a leader in clinical experience.

- Nationally known physician expertise across the country
- Investments in facilities allowing the advancement of patient care
- High emphasis on simulation results and low patient incidents
- Higher patient touch than academic facilities
- Annual collaborative mass casualty event team training

A commitment to scholarly activity

Based on more than 32 million patient encounters each year, our scholarly activity bridges the gap between compelling evidence and exceptional patient care.



Our experiential learning is rooted in evidence-based medicine that leads to innovative, **real-world patient health solutions**.

Merging the rigor of **ACGME** accreditation with high patient touch, our residents and fellows deliver evidence-based care that demonstrates our mission to care for and improve human life.

We offer **National Grand Rounds** that leverage accomplished clinical expertise from across HCA Healthcare, bringing the nation's leading medical experts to our residency and fellowship programs.

Notable Publications

- *JAMA Internal Medicine*
- *Annals of Surgical Oncology*
- *CHEST Journal*
- *American Journal of Respiratory & Critical Care Medicine*
- *Obstetrics & Gynecology*

Notable Presentations

- American College of Cardiology
- Society of Critical Care Medicine
- American College of Physicians
- Society of Hospital Medicine
- American College of Surgeons

Influential Collaboration

HCA Healthcare residents and fellows have access to talented, highly skilled teams of faculty, industry experts and dedicated researchers to guide them through their journey. Residents and fellows produce evidence that drives future practice by leveraging HCA Healthcare's national clinical data warehouse – the heart of our data ecosystem.

HCA Healthcare Scholarly Commons is a platform to collect, share and publish the variety of academic work created by the Graduate Medical Education community. During 2020, readership of those works eclipsed the 25,000 mark. Included on this platform is the **HCA Healthcare Journal of Medicine**, a peer reviewed scientific periodical focused on innovation, enhanced quality and developing new knowledge in clinical care and medical education for the benefit of all patients. In its first year of publication, the journal disseminated 86 articles in six issues as well as a seventh special issue on the COVID-19 pandemic.

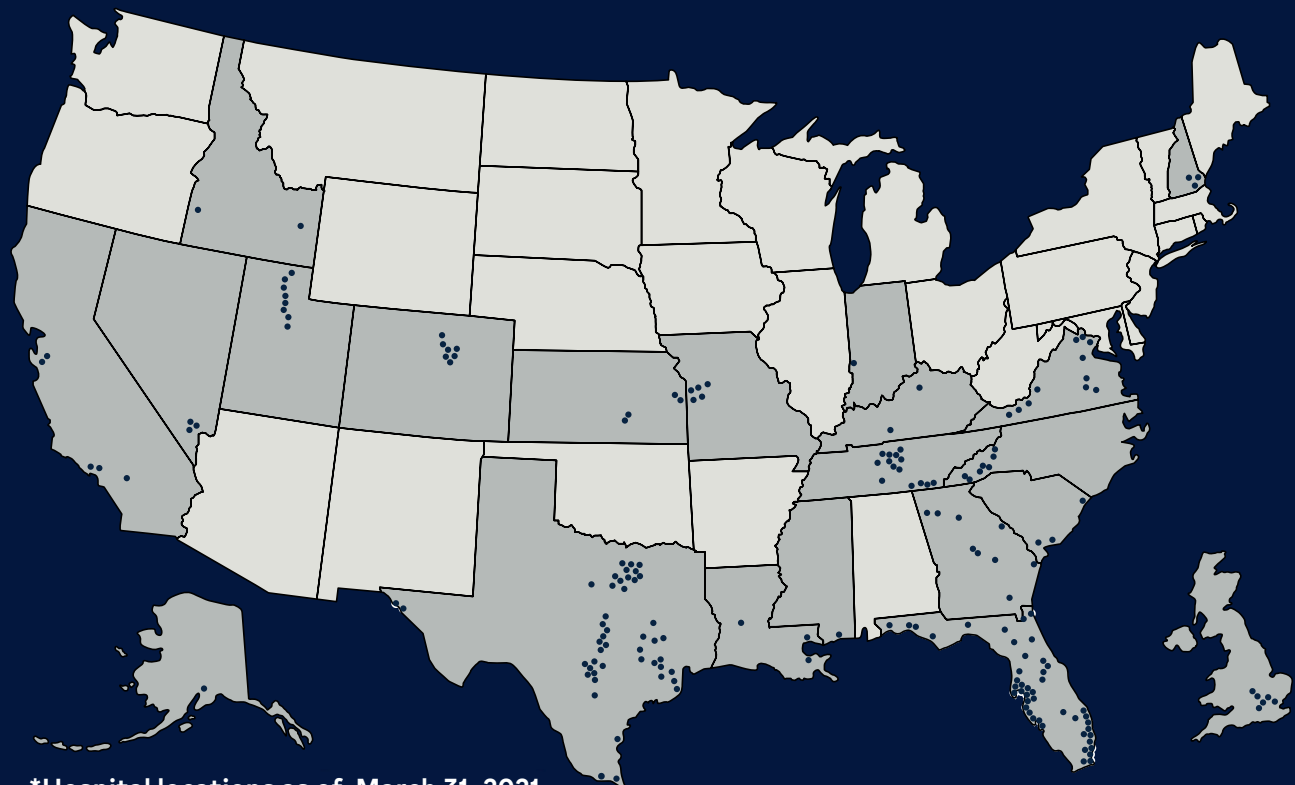


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*Hospital locations as of March 31, 2021

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Size

275,000
colleagues

93,000+
registered nurses

47,000[^]
active and affiliated physicians



Patient Care

HCA Healthcare's U.S. hospitals provide approximately 5% of all inpatient hospital services in the country.

In 2020:

32+ million
patient encounters

7.4 million
emergency room visits

215,000
babies delivered

View the **HCA Healthcare Community Impact Report** to learn more about our award-winning programs, technology advances and partnerships with community organizations to fulfill our commitment to the care and improvement of human life.



Giving Back

\$3.4+ billion
estimated 2020 cost for the delivery of charity care, uninsured discounts and other uncompensated care

\$45 million
in charitable cash contributions provided across the enterprise in 2020

We are committed to expanding our relationships with our communities by investing **\$10 million** over the next three years in Historically Black Colleges and Universities (HBCUs) and Hispanic-Serving Institutions (HSIs) across our footprint.*

*Starting in 2021



Industry Leader

Sarah Cannon, the Cancer Institute of HCA Healthcare, provides **state-of-the-art cancer care** close to home for hundreds of thousands of patients, a number unmatched by any single cancer center.

HCA Healthcare affiliates deliver healthcare services in **more than 150 languages and dialects**.

HCA Healthcare has treated more COVID-19 inpatients than any other health system in the U.S.

[^]Approximate

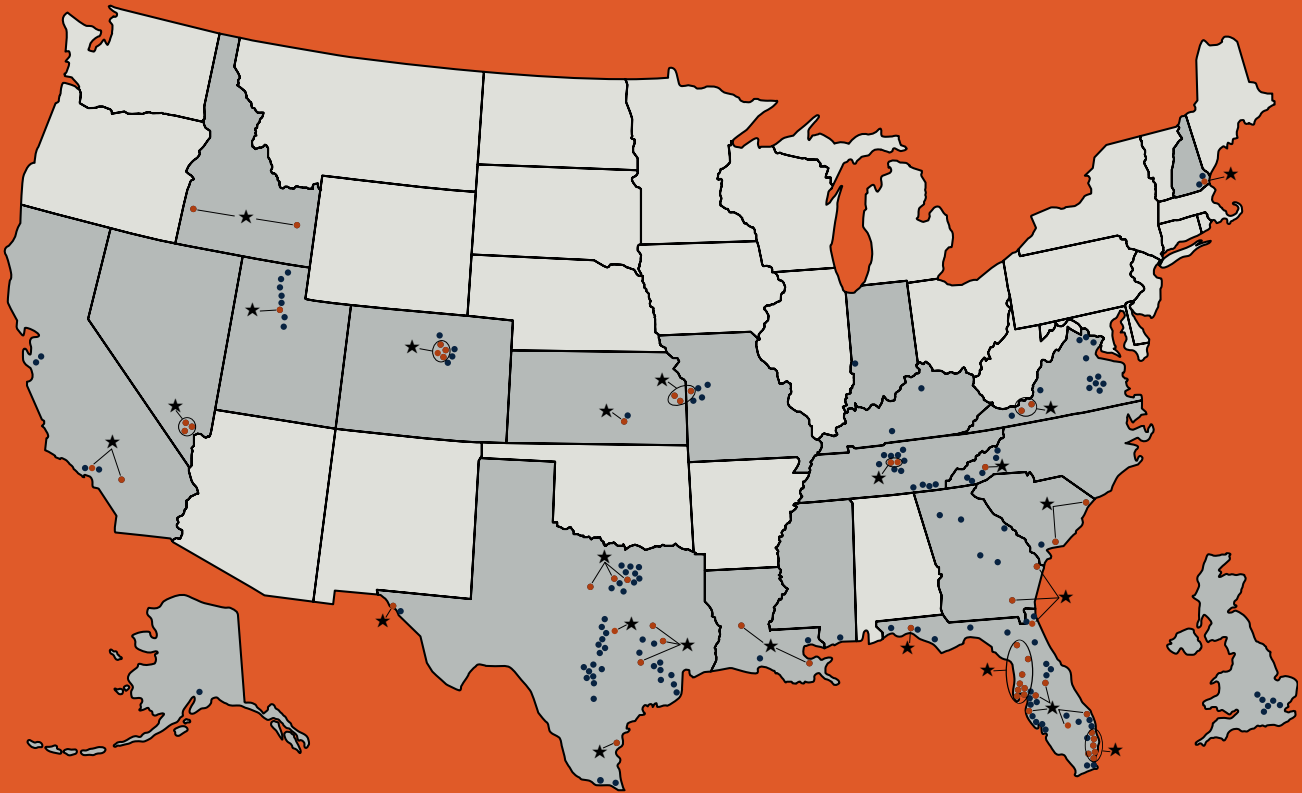
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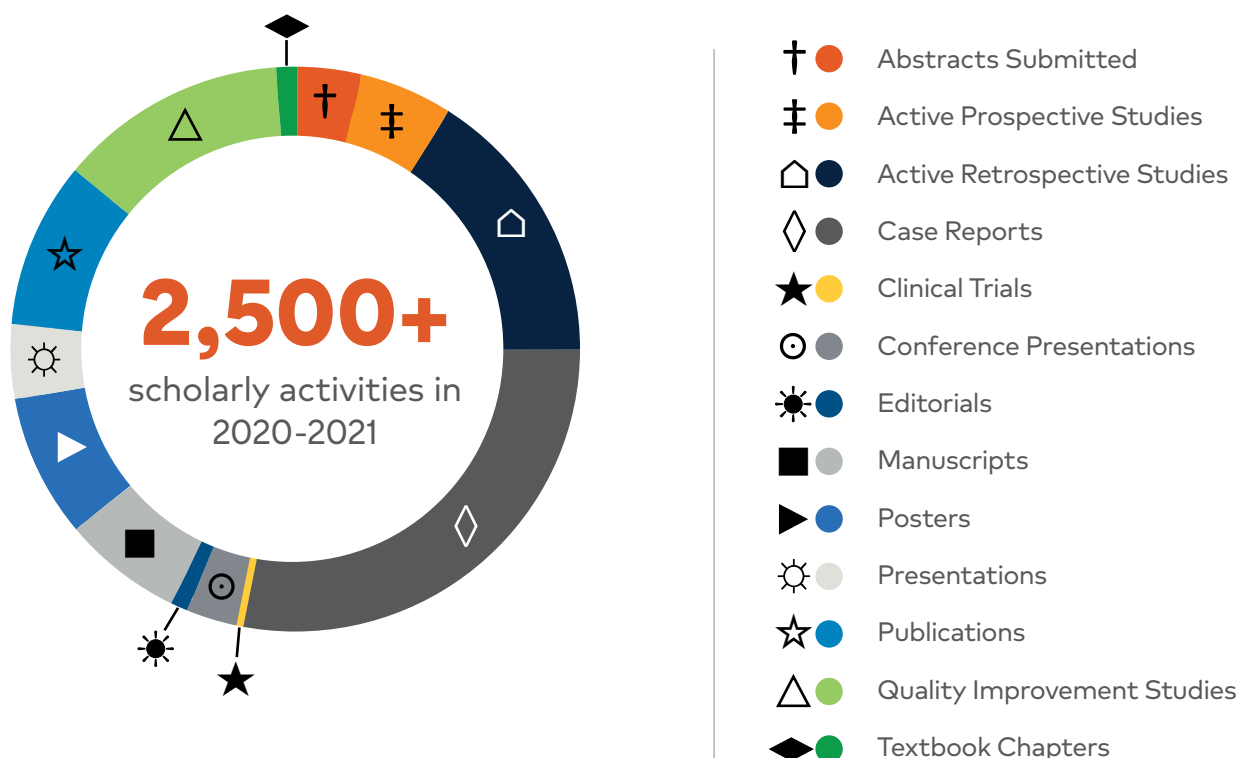
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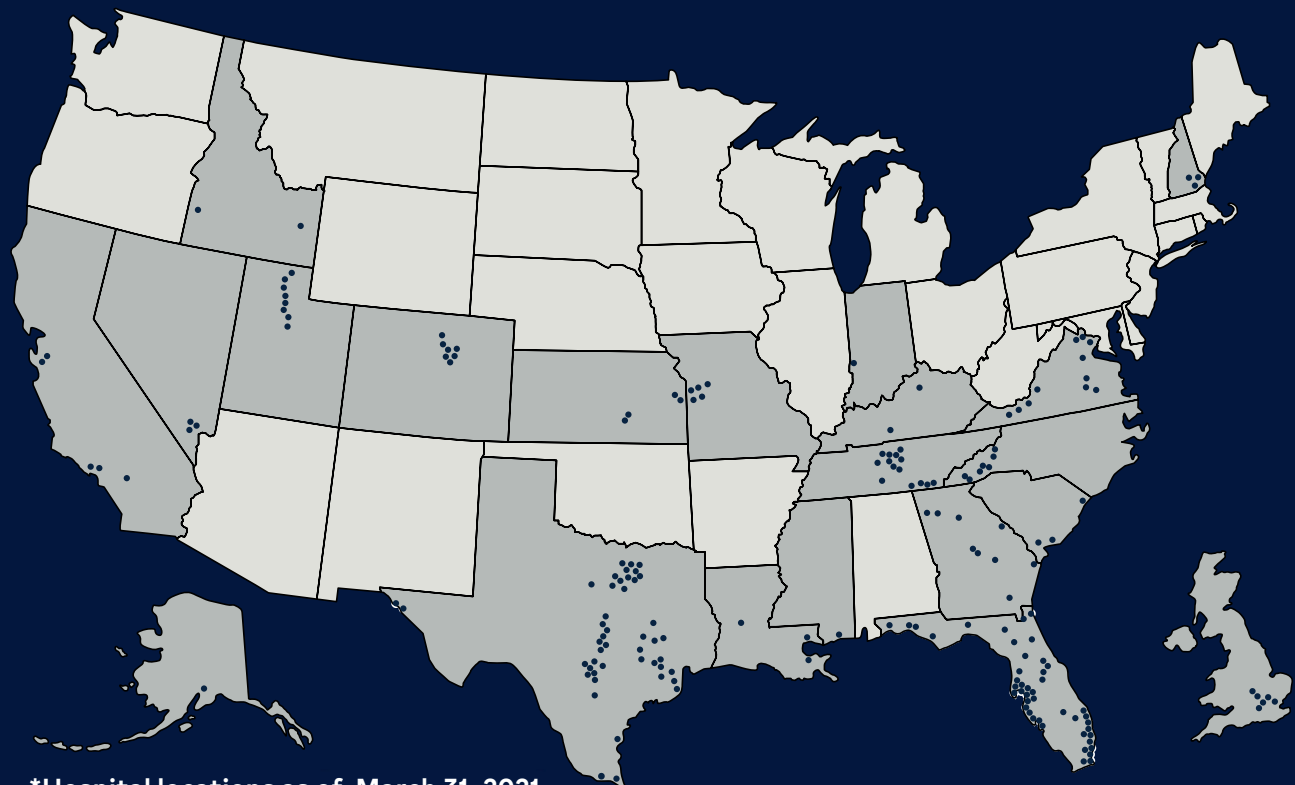
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